

# State Police Officers Council

## Health Benefit Summary

### Effective July 1, 2009

***This is a general description of coverage. It is not a statement of contract. Actual coverage is subject to terms and conditions specified in the Benefits Certificate you will receive after you enroll and the enrollment regulations in force when the certificate becomes effective. Certain exclusions and limitations apply.***

| Plan Provisions  | Alliance Select   |
|--|---|
| <b>Lifetime Benefits Maximum</b> – The maximum amount each covered family member is eligible to receive under this plan for covered services in his or her lifetime.   | Unlimited   |
| <b>Lifetime Maximum on Infertility Services</b>  | \$15,000; Coinsurance does not apply to OPM.  |
| <b>Out-of-Pocket Expenses</b> – The amount you pay for certain covered services. There are two types of out-of-pocket expenses:<br>1) Deductible - a fixed amount you pay for certain services before Wellmark makes benefit payments.<br>Coinsurance - a fixed percentage you pay for certain services. | See below for your specific out-of-pocket amounts.  |
| <b>Out-of-Pocket Maximum (OPM)</b> – The maximum amount you pay for covered services in a calendar year. Once your OPM is satisfied, most services are covered in full through the end of the calendar year.   | Single \$750<br>Family \$1,500  |
| Health Plan Basics   | Alliance Select   |
| <b>Benefit Period Deductible -</b><br>Applies to <b>ALL</b> Services except Well Child Care  | Single \$250<br>Family \$500  |
| <b>Coverage for Care Provided Outside of Iowa</b>  | BlueCard® PPO Program benefits apply.   |
| <b>Precertification</b>  | Inpatient admission, home health and hospice<br><br>Out-of-Network - Member's responsibility to precertify<br>50% penalty for failure to precertify.<br>In-Network - Select provider performs   |
| <b>Waiting Period</b>  | None except for late enrollees, then 18 months.   |
| <b>Dependent Child Age Limit</b>   | Unmarried children under age 25 and reside in the State of Iowa. Unmarried children that are full-time students in an accredited institution of postsecondary education regardless of age. Totally and permanently disabled, physically or mentally, children regardless of age. The disability must have existed before the child turned age 25. |

| When You Receive These Covered Services:  | You Pay:   |  |
|---|--|--|
|   | Alliance Select  |  |
|   | In-Network<br>(Select Provider)  | Out-of-Network<br>(Non-Select Provider)  |
| <b>Office Visit Service</b>   | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Specific Preventive Services</b> – Includes one routine physical and related services (x-rays and lab work) per benefit period; mammogram; well-child care to age 7 including immunizations. | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Immunizations</b>  | Not covered except for well child to age 7.  |  |
| <b>Inpatient Physician Services</b>   | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Inpatient Hospital Services</b>  | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Outpatient Physician Services</b>  | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Outpatient Hospital Services</b>   | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Emergency Services</b><br><b>Physician's office</b><br><br><b>Emergency room</b> - Applies after OPM is met; waived if admitted  | 10% coinsurance after deductible<br><br>\$100 copayment. 10% coinsurance after deductible                        | 20% coinsurance after deductible<br><br>\$100 copayment. 10% coinsurance* after deductible                       |
| <b>Accident Care</b>  | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>X-Ray &amp; Lab</b><br><b>Inpatient</b><br><br><b>Outpatient</b><br><br><br><b>Office</b>  | 10% coinsurance after deductible<br><br>10% coinsurance after deductible<br><br>10% coinsurance after deductible | 20% coinsurance after deductible<br><br>20% coinsurance after deductible<br><br>20% coinsurance after deductible |
| <b>Chiropractic Care</b>  | 10% coinsurance after deductible   | 20% coinsurance after deductible   |
| <b>Ambulance</b>  | 20% coinsurance after deductible   | 20% coinsurance after deductible   |

\* Processed at in-network level if true emergency.

| When You Receive These Covered Services:   | You Pay:  |   |
|--|---|---|
|  | Alliance Select   |   |
|  | In-Network<br>(Select Provider)   | Out-of-Network<br>(Non-Select Provider)   |
| Routine Eye Exam - One per member per year | 10% coinsurance after deductible  | 20% coinsurance after deductible  |
| Maternity                                  |   |   |
| Inpatient                                  | 10% coinsurance after deductible  | 20% coinsurance after deductible  |
| Outpatient                                 | 10% coinsurance after deductible  | 20% coinsurance after deductible  |
| Office                                     | 10% coinsurance after deductible  | 20% coinsurance after deductible  |
| Mental Health/Chemical Dependency          | <b>Inpatient:</b><br>10% coinsurance after deductible<br><b>Precertification is required</b><br><b>Annual limit of 30 inpatient days per family member</b><br><br><b>Outpatient:</b><br>10% coinsurance after deductible<br><b>Annual limit of 52 outpatient/office visits per family member</b><br><br><b>Office services:</b><br>10% coinsurance after deductible<br><b>Annual limit of 52 outpatient/office visits per family member</b> | <b>Inpatient:</b><br>20% coinsurance after deductible<br><b>Precertification is required</b><br><b>Annual limit of 30 inpatient days per family member</b><br><br><b>Outpatient:</b><br>20% coinsurance after deductible<br><b>Annual limit of 52 outpatient/office visits per family member</b><br><br><b>Office services:</b><br>20% coinsurance after deductible<br><b>Annual limit of 52 outpatient/office visits per family member</b> |
| Prescription Drugs                         | 10% coinsurance after deductible  |   |